### ECZEMA CHILDHOOD AMERICAN DRAGON

### GENERAL

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| Clinical Manifestations  | * Usually occurs in babies from the ages of 2-3 months until the age of 2-3years
* Dampness is the predominant pathogenic factor causing eczema in children. In small children, the Spleen function has not matured fully yet, and the transformation and transportation functions are rather weak. If the child is not given nutritious, easy to digest food, is overfed or solid food is introduced too early, or the child eats the wrong kinds of food (too sweet, too greasy, or large quantities of processed food), the Spleen’s function of transformation and transportation can be impaired, engendering Damp-Heat. If the child is repeatedly exposed to Wind evil, External and Internal pathogenic factors can combine and Wind-Damp-Heat toxin enters the skin giving rise to Wind-Damp-Heat type eczema. Alternatively, the child may be of weak constitution, resulting in Spleen Deficiency Dampness type eczema. If the blood aspect is affected, this may cause Spleen Deficiency Wind Dryness type eczema.
 |
| Treatment Principle  |  |
| Herb Formulas | * [*Xiang Sha Liu Jun Zi Tang*](http://www.americandragon.com/Herb%20Formulas%20copy/XiangShaLiuJunZiTang.html) modified
* [*Er Chen Tang*](http://www.americandragon.com/Herb%20Formulas%20copy/ErChenTang.html) modified
* [Gui Pi Tang](http://www.americandragon.com/Herb%20Formulas%20copy/GuiPiTang.html) modified
* [*Si Jun Zi Tang*](http://www.americandragon.com/Herb%20Formulas%20copy/SiJunZiTang.html) or [*Bu Zhong Yi Qi Tang*](http://www.americandragon.com/Herb%20Formulas%20copy/BuZhongYiQiTang.html) modified
 |
| Points |  |

### WIND-DAMP-HEAT

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| Clinical Manifestations | * Acute or subacute
* Itching can be severe.
* Dry eczema: Sparsely or densely distribute papules on flushed skinDesquamation after scratchingMild erosion
* Wet eczema: Flushed skinPapulesBlistersErosionEffusionThick yellow crusts
 |
| Treatment Principle | * Eliminate Wind
* Clear Heat
* Dispel Damp
 |
| Herb Formulas | * Dry eczema: [Shen Ling Bai Zhu San](http://www.americandragon.com/Herb%20Formulas%20copy/ShenLingBaiZhuSan.html)
* Wet eczema: *[Xiao Feng Dao Chi Tang](http://www.americandragon.com/Herb%20Formulas%20copy/XiaoFengDaoChiTang.html)* modified
 |
| Points |  |

### XIAO FENG DAO CHI TANG - 消風導赤丸 - ELIMINATE WIND AND GUIDE OUT THE RED DECOCTION

### ****HERBS AND ACTIONS****

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| **Pharmaceutical Latin**  | **Pin Yin**  | Dosage  | **Actions** |
| **Poria** | [**Fu Ling**](http://www.americandragon.com/Individualherbsupdate/FuLing.html)  | 20g | **Promotes urination, leaches out Dampness**, **strengthens the Spleen and harmonizes the Middle Jiao.** |
| **Flos Lonicerae**  | [**Jin Yin Hua**](http://www.americandragon.com/Individualherbsupdate/JinYinHua.html)  | 20g | **Clears Heat, resolves Fire toxicity,** **vents and disperses External Wind-Heat** **and clears Damp-Heat from the Lower Jiao.**With Gan Cao, for Toxic swellings and sores. |
| **Rx. Rehmanniae**  | [***Sheng Di Huang***](http://www.americandragon.com/Individualherbsupdate/ShengDiHuang.html)  | 15g | **Clears Heat, cools the Blood**, **nourishes Yin and generates fluids.** |
| **Fr. Arctii**  | [***Niu Bang Zi***](http://www.americandragon.com/Individualherbsupdate/NiuBangZi.html)  | 12g | **Disperses Wind-Heat**, **relieves toxicity and vents rashes.**With Gan Cao, for Wind-Heat attacks the Lungs or Fire toxin flaring upwards. |
| **Cx. Dictamni** | [**Bai Xian Pi**](http://www.americandragon.com/Individualherbsupdate/BaiXianPi.html)  | 12g | **Clears Heat, resolves Fire-toxicity, expels Wind, dries Dampness,** **clears Damp-Heat and stops itching.**  |
| **Medulla Junci**  | [***Deng Xin Cao***](http://www.americandragon.com/Individualherbsupdate/DengXinCao.html)  | 6g | **Promotes urination, leaches out Dampness**.With Mu Tong, for Damp-Heat lodging in the Lower Jiao. |
| **Caulis Akebiae**  | [**Mu Tong**](http://www.americandragon.com/Individualherbsupdate/MuTong.html)  | 6g | **Promotes urination**. Toxic  |
| **Rz. Coptidis**  | [**Huang Lian**](http://www.americandragon.com/Individualherbsupdate/HuangLian.html)  | 3g | **Clears Heat, drains Dampness,** **drains Fire and resolves Fire toxicity.**  |
| **Rx. Glycyrrhizae**  | [**Gan Cao**](http://www.americandragon.com/Individualherbsupdate/GanCao.html)  | 3g | **Clears Heat and relieves Fire toxicity** **and moderates and harmonizes the harsh properties of other herbs**. |
| **Hb. Menthae Haplocalycis**  | [***Bo He***](http://www.americandragon.com/Individualherbsupdate/BoHe.html)  | 3g | **Disperses Wind-Heat and** **Vents rashes.**With Niu Bang Zi, for sores, dry throat, cough with yellow sputum, incomplete expression of measles or pruritic rash due to Wind-Heat. |

### XIAO FENG DAO CHI TANG - 消風導赤丸 - ELIMINATE WIND AND GUIDE OUT THE RED DECOCTION

### ****HERBS AND ACTIONS****

|  |  |  |
| --- | --- | --- |
| **Pharmaceutical Latin**  | **Pin Yin**  | Dosage  |
| **Poria** | [**Fu Ling**](http://www.americandragon.com/Individualherbsupdate/FuLing.html)  | 20g |
| **Flos Lonicerae**  | [**Jin Yin Hua**](http://www.americandragon.com/Individualherbsupdate/JinYinHua.html)  | 20g |
| **Rx. Rehmanniae**  | [***Sheng Di Huang***](http://www.americandragon.com/Individualherbsupdate/ShengDiHuang.html)  | 15g |
| **Fr. Arctii**  | [***Niu Bang Zi***](http://www.americandragon.com/Individualherbsupdate/NiuBangZi.html)  | 12g |
| **Cx. Dictamni** | [**Bai Xian Pi**](http://www.americandragon.com/Individualherbsupdate/BaiXianPi.html)  | 12g |
| **Medulla Junci**  | [***Deng Xin Cao***](http://www.americandragon.com/Individualherbsupdate/DengXinCao.html)  | 6g |
| **Caulis Akebiae**  | [**Mu Tong**](http://www.americandragon.com/Individualherbsupdate/MuTong.html)  | 2g aangepast |
| **Rz. Coptidis**  | [**Huang Lian**](http://www.americandragon.com/Individualherbsupdate/HuangLian.html)  | 3g |
| **Rx. Glycyrrhizae**  | [**Gan Cao**](http://www.americandragon.com/Individualherbsupdate/GanCao.html)  | 3g |
| **Hb. Menthae Haplocalycis**  | [***Bo He***](http://www.americandragon.com/Individualherbsupdate/BoHe.html)  | 3g |

**FORMULA ACTIONS**

* Clears Heat
* Disperses Wind
* Eliminates Dampness

**SYNDROMES**

* Severe rash due to External Wind or Damp-Heat

**CLINICAL MANIFESTATIONS**

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| * Severe rash
* Constipation
* Thirst
 | * T: Red-tipped
* C: Thin-White or Thin-Yellow
* P: Soft and Rapid
 |

**TREATS**

|  |  |
| --- | --- |
| * Chickenpox waterpokken
* [Eruptive fever](http://www.americandragon.com/conditions/Fever.html) 5e ziekte
* Measles mazelen
* [Edema](http://www.americandragon.com/conditions/Edema.html) oedeem
* [Childhood eczema](http://www.americandragon.com/conditions/ChildhoodEczema.html)  kinder eczeem
 | * Pruritic red rash jeuk
* Severe itching (burning sensation)
* Vesicular rash blaasjes uitslag
* [Atopic dermatitis](http://www.americandragon.com/conditions/AtopicDermatitis.html) atopische dermatitis
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### ****MODIFICATIONS****

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| **For atopic dermatitis:**  | **For atopic dermatitis with severe itching:**  |
| + Gentiana Longdancao Decoction to Drain the Liver[*Long Dan Xie Gan Tang*](http://www.americandragon.com/Herb%20Formulas%20copy/LongDanXieGanTang.html)  | + Gentiana Longdancao Decoction to Drain the Liver[*Long Dan Xie Gan Tang*](http://www.americandragon.com/Herb%20Formulas%20copy/LongDanXieGanTang.html)  |
| **For atopic dermatitis with poor Appetite:**  | + Margarita |   |
| + Gentiana Longdancao Decoction to Drain the Liver[*Long Dan Xie Gan Tang*](http://www.americandragon.com/Herb%20Formulas%20copy/LongDanXieGanTang.html)  | + Magnetitum | [*Ci Shi*](http://www.americandragon.com/Individualherbsupdate/CiShi.html)  |
| **For atopic dermatitis with** **dry stool:** |
| + Hb. Agastaches/ Pogostemonis  | [*Huo Xiang*](http://www.americandragon.com/Individualherbsupdate/HuoXiang.html) | + Gentiana Longdancao Decoction to Drain the Liver[*Long Dan Xie Gan Tang*](http://www.americandragon.com/Herb%20Formulas%20copy/LongDanXieGanTang.html)  |
| + Herba Eupatorii | [*Pei Lan*](http://www.americandragon.com/Individualherbsupdate/PeiLan.html) | + Fol. Isatidis  | [*Da Qing Ye*](http://www.americandragon.com/Individualherbsupdate/DaQingYe.html)  |
| **For atopic dermatitis due to fetal Heat:**  | + Sm. Cannabis  | [*Huo Ma Ren*](http://www.americandragon.com/Individualherbsupdate/HuoMaRen.html) |
| - Medulla Junci  | [*Deng Xin Cao*](http://www.americandragon.com/Individualherbsupdate/DengXinCao.html)  | **For Damp eczema:**  |
| - Fr. Arctii  | [*Niu Bang Zi*](http://www.americandragon.com/Individualherbsupdate/NiuBangZi.html)  | + Sm. Plantaginis  | [*Che Qian Zi*](http://www.americandragon.com/Individualherbsupdate/CheQianZi.html)  |
| + Rz. Atractylodis  | [*Cang Zhu*](http://www.americandragon.com/Individualherbsupdate/CangZhu.html)  | + Rz. Atractylodis  | [*Cang Zhu*](http://www.americandragon.com/Individualherbsupdate/CangZhu.html)  |
| **For Dry eczema:**  |   |   |
| - Caulis Akebiae  | [*Mu Tong*](http://www.americandragon.com/Individualherbsupdate/MuTong.html)  |   |   |
| - Medulla Junci  | [*Deng Xin Cao*](http://www.americandragon.com/Individualherbsupdate/DengXinCao.html)  |   |   |
| + Rx. Pseudostellariae  | [*Tai Zi Shen*](http://www.americandragon.com/Individualherbsupdate/TaiZiShen.html)  |   |   |
| + Rx. Ophiopogonis  | [*Mai Men Dong*](http://www.americandragon.com/Individualherbsupdate/MaiMenDong.html)  |   |   |
| + Rz. Polygonati  | [*Huang Jing*](http://www.americandragon.com/Individualherbsupdate/HuangJing.html)  |   |   |
| + Rz. Imperatae  | [*Bai Mao Gen*](http://www.americandragon.com/Individualherbsupdate/BaiMaoGen.html)  |   |   |

### TOXIC HEAT

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| Clinical Manifestations | * Lesions occur on the head
* Secretions appear
* Itching
* Desquamation
* Inflammation and suppuration on the face, neck, armpits and genital areas
* Pus and scabs
* Constipation
 |
| Treatment Principle | * Clear Heat
* Relieve Toxicity
 |
| Herb Formulas | * [*Zhi Tou Chuang Yi Fang*](http://www.americandragon.com/Herb%20Formulas%20copy/ZhiTouChuangYiFang.html)
 |
| Points |  |