**ECZEMA #1 american dragon**

**HERBS AND ACTIONS**

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| **Pharmaceutical Latin**  | ***Pin Yin***  | Dosage  | **Actions** |
| **Rx. Rehmanniae**  | [***Sheng Di Huang***](http://www.americandragon.com/Individualherbsupdate/ShengDiHuang.html)  | 5-30g  | **Clears Heat and cools the Blood**. |
| **Hb. Schizonepetae**  | [***Jing Jie***](http://www.americandragon.com/Individualherbsupdate/JingJie.html)  | 3-10g | **Releases the exterior, expels Wind**, **vents rashes and relieves itching**.With *Niu Bang Zi* and *Chan Tui,* for initial-stage measles and skin eruptions - brings rash to the surface and alleviates itching. |
| **Rx. Saposhnikoviae**  | [***Fang Feng***](http://www.americandragon.com/Individualherbsupdate/FangFeng.html)  | 3-10g | **Releases the exterior, expels External Wind** **and expels Wind-Dampness.**With *Jing Jie,* Expels Wind and stops itching, for pruritic rash. With *Ku Shen* and *Chan Tui,* for urticaria and skin itch.With *Jing Jie* and *Chan Tui,* for dermatological disorders with rash, irritability and itching. |
| **Periostracum Cicadae**  | [***Chan Tui***](http://www.americandragon.com/Individualherbsupdate/ChanTui.html)  | 3-10g | **Disperses Wind, clears Heat**, **vents rashes** **and relieves itching.**With *Jing Jie, Ku Shen* and *Fang Feng,* for weepy red skin lesions in patients with pre-existing Damp-Heat. |
| **Fr. Arctii**  | [***Niu Bang Zi***](http://www.americandragon.com/Individualherbsupdate/NiuBangZi.html)  | 3-12g | **Disperses Wind-Heat, relieves toxicity and vents rashes.**  |
| **Fr. Xanthii**  | [***Cang Er Zi***](http://www.americandragon.com/Individualherbsupdate/CangErZi.html)  | 3-10g  | **Disperses Wind and Dampness**. |
| **Fr. Kochiae**  | [***Di Fu Zi***](http://www.americandragon.com/Individualherbsupdate/DiGuPi.html)  | 3-15g | **Clears Wind-Heat affecting the eyes and head, clears Damp-Heat, promotes urination**, **expels Dampness and stops itching.**With *Ku Shen,* for skin irritation and itchiness due to Damp-Heat. |
| **Rz. Anemarrhenae**  | [***Zhi Mu***](http://www.americandragon.com/Individualherbsupdate/ZhiMu.html)  | 6-12g | **Clears Heat, drains Fire,** **nourishes *Yin* and moistens Dryness**. |
| **Rz. Coptidis**  | [***Huang Lian***](http://www.americandragon.com/Individualherbsupdate/HuangLian.html)  | 1.5-10g  | **Clears Heat and drains Dampness.** |
| **Rx. Sophorae Flavescentis**  | [***Ku Shen***](http://www.americandragon.com/Individualherbsupdate/KuShen.html)  | 3-15g  | **Clears Heat, dries Dampness**, **disperses Wind and stops itching.**With *Chan Tui* and *Jing Jie,* for generalized itching. |

**ECZEMA #1** **american dragon**

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| **Pharmaceutical Latin**  | ***Pin Yin***  | Dosage  |
| **Rx. Rehmanniae**  | [***Sheng Di Huang***](http://www.americandragon.com/Individualherbsupdate/ShengDiHuang.html)  | 5-30g  |
| **Hb. Schizonepetae**  | [***Jing Jie***](http://www.americandragon.com/Individualherbsupdate/JingJie.html)  | 3-10g |
| **Rx. Saposhnikoviae**  | [***Fang Feng***](http://www.americandragon.com/Individualherbsupdate/FangFeng.html)  | 3-10g |
| **Periostracum Cicadae**  | [***Chan Tui***](http://www.americandragon.com/Individualherbsupdate/ChanTui.html)  | 3-10g |
| **Fr. Arctii**  | [***Niu Bang Zi***](http://www.americandragon.com/Individualherbsupdate/NiuBangZi.html)  | 3-12g |
| **Fr. Xanthii**  | [***Cang Er Zi***](http://www.americandragon.com/Individualherbsupdate/CangErZi.html)  | 3-10g  |
| **Fr. Kochiae**  | [***Di Fu Zi***](http://www.americandragon.com/Individualherbsupdate/DiGuPi.html)  | 3-15g |
| **Rz. Anemarrhenae**  | [***Zhi Mu***](http://www.americandragon.com/Individualherbsupdate/ZhiMu.html)  | 6-12g |
| **Rz. Coptidis**  | [***Huang Lian***](http://www.americandragon.com/Individualherbsupdate/HuangLian.html)  | 1.5-10g  |
| **Rx. Sophorae Flavescentis**  | [***Ku Shen***](http://www.americandragon.com/Individualherbsupdate/KuShen.html)  | 3-15g  |

### ****FORMULA ACTIONS****

* Dispels Wind
* Clears Heat
* Dispels Dampness

**SYNDROMES**

* Wind-Heat

**CLINICAL MANIFESTATIONS**

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| * Flushed skin
* Papules spreading all over the body
* Principally in the face and upper body
* Mild erosion
 | * Oozing of fluid after scratching
* T: Red tip
* C: Thin and yellow
* P: Superficial and rapid
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**TREATS**

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| * [Eczema](http://www.americandragon.com/conditions/Eczema.html)
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**CONTRAINDICATIONS AND HERB/DRUG INTERACTIONS**

**NOTES**

**MODIFICATIONS**