**[ECZEMA #1](javascript:;) american dragon**

[**HERBS AND ACTIONS**](javascript:;)

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| **Pharmaceutical Latin** | ***Pin Yin*** | Dosage | **Actions** |
| **Rx. Rehmanniae** | [***Sheng Di Huang***](http://www.americandragon.com/Individualherbsupdate/ShengDiHuang.html) | 5-30g | **Clears Heat and cools the Blood**. |
| **Hb. Schizonepetae** | [***Jing Jie***](http://www.americandragon.com/Individualherbsupdate/JingJie.html) | 3-10g | **Releases the exterior, expels Wind**, **vents rashes and relieves itching**. With *Niu Bang Zi* and *Chan Tui,* for initial-stage measles and skin eruptions - brings rash to the surface and alleviates itching. |
| **Rx. Saposhnikoviae** | [***Fang Feng***](http://www.americandragon.com/Individualherbsupdate/FangFeng.html) | 3-10g | **Releases the exterior, expels External Wind** **and expels Wind-Dampness.** With *Jing Jie,* Expels Wind and stops itching, for pruritic rash.  With *Ku Shen* and *Chan Tui,* for urticaria and skin itch. With *Jing Jie* and *Chan Tui,* for dermatological disorders with rash, irritability and itching. |
| **Periostracum Cicadae** | [***Chan Tui***](http://www.americandragon.com/Individualherbsupdate/ChanTui.html) | 3-10g | **Disperses Wind, clears Heat**, **vents rashes** **and relieves itching.** With *Jing Jie, Ku Shen* and *Fang Feng,* for weepy red skin lesions in patients with pre-existing Damp-Heat. |
| **Fr. Arctii** | [***Niu Bang Zi***](http://www.americandragon.com/Individualherbsupdate/NiuBangZi.html) | 3-12g | **Disperses Wind-Heat, relieves toxicity and vents rashes.** |
| **Fr. Xanthii** | [***Cang Er Zi***](http://www.americandragon.com/Individualherbsupdate/CangErZi.html) | 3-10g | **Disperses Wind and Dampness**. |
| **Fr. Kochiae** | [***Di Fu Zi***](http://www.americandragon.com/Individualherbsupdate/DiGuPi.html) | 3-15g | **Clears Wind-Heat affecting the eyes and head, clears Damp-Heat, promotes urination**, **expels Dampness and stops itching.** With *Ku Shen,* for skin irritation and itchiness due to Damp-Heat. |
| **Rz. Anemarrhenae** | [***Zhi Mu***](http://www.americandragon.com/Individualherbsupdate/ZhiMu.html) | 6-12g | **Clears Heat, drains Fire,** **nourishes *Yin* and moistens Dryness**. |
| **Rz. Coptidis** | [***Huang Lian***](http://www.americandragon.com/Individualherbsupdate/HuangLian.html) | 1.5-10g | **Clears Heat and drains Dampness.** |
| **Rx. Sophorae Flavescentis** | [***Ku Shen***](http://www.americandragon.com/Individualherbsupdate/KuShen.html) | 3-15g | **Clears Heat, dries Dampness**, **disperses Wind and stops itching.** With *Chan Tui* and *Jing Jie,* for generalized itching. |

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| **Pharmaceutical Latin** | ***Pin Yin*** | Dosage |
| **Rx. Rehmanniae** | [***Sheng Di Huang***](http://www.americandragon.com/Individualherbsupdate/ShengDiHuang.html) | 5-30g |
| **Hb. Schizonepetae** | [***Jing Jie***](http://www.americandragon.com/Individualherbsupdate/JingJie.html) | 3-10g |
| **Rx. Saposhnikoviae** | [***Fang Feng***](http://www.americandragon.com/Individualherbsupdate/FangFeng.html) | 3-10g |
| **Periostracum Cicadae** | [***Chan Tui***](http://www.americandragon.com/Individualherbsupdate/ChanTui.html) | 3-10g |
| **Fr. Arctii** | [***Niu Bang Zi***](http://www.americandragon.com/Individualherbsupdate/NiuBangZi.html) | 3-12g |
| **Fr. Xanthii** | [***Cang Er Zi***](http://www.americandragon.com/Individualherbsupdate/CangErZi.html) | 3-10g |
| **Fr. Kochiae** | [***Di Fu Zi***](http://www.americandragon.com/Individualherbsupdate/DiGuPi.html) | 3-15g |
| **Rz. Anemarrhenae** | [***Zhi Mu***](http://www.americandragon.com/Individualherbsupdate/ZhiMu.html) | 6-12g |
| **Rz. Coptidis** | [***Huang Lian***](http://www.americandragon.com/Individualherbsupdate/HuangLian.html) | 1.5-10g |
| **Rx. Sophorae Flavescentis** | [***Ku Shen***](http://www.americandragon.com/Individualherbsupdate/KuShen.html) | 3-15g |

### [****FORMULA ACTIONS****](javascript:;)

* Dispels Wind
* Clears Heat
* Dispels Dampness

[**SYNDROMES**](javascript:;)

* Wind-Heat

[**CLINICAL MANIFESTATIONS**](javascript:;)

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| * Flushed skin * Papules spreading all over the body * Principally in the face and upper body * Mild erosion | * Oozing of fluid after scratching * T: Red tip * C: Thin and yellow * P: Superficial and rapid |

[**TREATS**](javascript:;)

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| * [Eczema](http://www.americandragon.com/conditions/Eczema.html) |

[**CONTRAINDICATIONS AND HERB/DRUG INTERACTIONS**](javascript:;)

[**NOTES**](javascript:;)

[**MODIFICATIONS**](javascript:;)