



## **MUSHROOMS, STRONG POSSIBILITIES IN TCM AND EVERYDAY NUTRITION**

Date: **Friday, 26/09/14**

Schedule: **09:30 to 15:00 hrs**

Venue: **OTCG**

**Van Schoonbekestraat 143,  
2018 Antwerpen  
Belgium**



Programme: **09:30 - Registration**

**10:00 - Introduction (ie. General usage in TCM and contraindications)**

**Karel Simonovsky-TCM Practitioner (Czech Republic)**

**Dr. Zuzana Vancurikova (MD), TCM, Acp, Herbal Therapy**

**10:45 - The Role of Enzymes in Mushroom Nutrition**

**Nuria Lorite Ayan-PhD Natural Medicine, Nutrition and**

**Bromatology, Lic. Pharmacist and Professor of TCM, TCM Acp.,  
Herbal Therapy**

**11:15 - Coffee break**

**11:30 - Part I - The Benefits of Mushroom Nutrition in Specific Syndromes in  
TCM, including in combination with TCM Acupuncture**

**Dr. Zuzana Vancurikova (MD), TCM, Acp, Herbal Therapy**

**Karel Simonovsky-TCM Practitioner (Czech Republic)**

**12:30 - Lunch Break**

**13:00 - Part II - The Benefits of Mushroom Nutrition in Specific Syndromes in  
TCM, including in combination with TCM Acupuncture**

**14:00 - A Traditional Chinese Medicine perspective on the Challenges to  
Women's Health and the Effectiveness of Mushroom Nutrition**

**Nuria Lorite Ayan-PhD Natural Medicine, Nutrition and**

**Bromatology, Lic. Pharmacy and TCM, TCM Acupuncture,  
Herbal Therapy**

**14:30 - Strong Safety Data for Mushroom Nutrition**

**(i.e. Traditional history of use)**

**Karel Simonovsky-TCM Practitioner (Czech Republic)**

**Dr. Zuzana Vancurikova (MD), TCM, Acp, Herbal Therapy**

**15:00 - Evaluation / Certification of Attendance by**

**Mycology Research Laboratories Ltd.**

Language: **English**

Participants: **TCM Acupuncturists and TCM Practitioners**

Certification by: **Certificates of Attendance will be issued by  
Mycology Research Laboratories, Ltd.**

Price: **€ 150 (VAT included)**

To register: <http://www.otcg.be/en/enrollment.aspx>

**All Participants will receive copies of Handouts**



## **MUSHROOMS, STRONG POSSIBILITIES IN TCM AND EVERYDAY NUTRITION**

**Theme: This lecture is targeted for TCM Acupuncturists and TCM practitioners with an overview of the potential role of mushroom nutrition in their daily practice.**



**Lecturer: Karel Simonovsky**

- Karel is a Czech TCM practitioner specializing in both translating and authoring teaching materials particularly on Phytotherapy and mushroom nutrition since 1996.
- In the field of mushroom nutrition stands as a Czech leading practitioner, lecturer and author.

**Lecturer: Dr. Nuria Lorite Ayan**

- Lic. Pharmacy in Biochemistry at Universidad Complutense de Madrid (UCM), with a degree in Advanced Studies in Nutrition and Food Science (Higher Course) at the same University.
- Graduated in TCM - studies in graduation and post graduation
- TCM Professor recognized by the TCM College, University of Beijing (China), with large experience as a practitioner and professor in Acupuncture, Chinese Herbal and Dietetic Therapy.
- Natural Medicine PhD by the Cambridge International University.
- In Spain, Nuria Lorite is a renowned specialist in Homeopathy and Related Therapies, Homotoxicology, Biological Medicine, Herbal and Dietetic Therapy, Orthomolecular Nutrition, Kinesiology, Geobiological Networks and Spagiria, Immunomodulation, Mushrooms Nutrition and other fields. Has pioneered immunomodulation.



**Lecturer: Zuzana Vančuríková, MD**

- Zuzana is a Czech medical doctor with postgraduation in pediatrics, in which she focuses in her practice until today.
- Since 1996 she has her own practice including TCM, Acupuncture, EAV and homeopathy. She is a member of Czech medical acupuncture society (CLAS CLS JEP).
- Nowadays she is also considered as one of renowned Czech lecturer of both TCM herbs and acupuncture, with personal liking for combining mushroom nutrition and acupuncture.



**TO REGISTER: <http://www.otcg.be/en/enrollment.aspx>**

**FOR MORE INFORMATION: Tel.: +32(0)470 55 24 52**